Q, F and H

• Definitions: $F = P_\alpha / (P_\alpha + P_ext)$ $Q = 5 P_\alpha / P_ext$

• Hence **F=Q / (Q+5)** and **Q = 5 F / (1 – F)**

• F ="fraction of self heating" is a physics variable. We need F > 0.5 (Q=5) or 0.66 (Q=10) and as $F \rightarrow 1$, Q gets very large. F is a less sensitive variable and we really should focus on F

• Q is an "energy economics variable" and if we ever get in the range 5 < Q < 10 we can tweak it higher.

• Relation to H : the H-mode or L-mode confinement time enhancement factor.

H = 1.15 (like top of RMSE =15%) means F increases by 30% or F=0.5 (Q=5) goes to F=0.66 (Q =10) H=0.85 is not reported H = 1.15 is front page



• And higher sensivities are possible......suppose in low T regime

 $P_\alpha \alpha T^3 \alpha H^3 (P_\alpha + P_ext)^2$

 $F = H^3 [P_ext / (1-F)]$

